

Stibbard Chiropractic 6975 Wyandotte St. E, Windsor, On, N8S 1P8 Phone: (226) 506-2681 stibbardchiropractic@gmail.com stibbardchiropractic.com

Name:	DOB:
Gender: Male Female Other:	
Address:	
City:	Province:
Home Phone:	Cell Phone:
Email:	
Emergency Contact Name:	
Phone Number:	Relationship:
Medical Dr. Name:	Date of last physical:
Previous Chiropractor Name:	
Permission to Contact above health care providers:	: Y N
How did you hear about our clinic?:	
Private Insurance Provider:	
Policy #: Member #:	
Name of card holder:	
Relationship to card holder:	
Is this a workplace injury or a motor vehicle accide	ent? Claim Number



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On the drawings below, please indicate where you are experiencing pain by drawing in the letter abbreviation(s) on the diagrams that most accurately reflect the type of discomfort that you have been experiencing.

Numbness = N

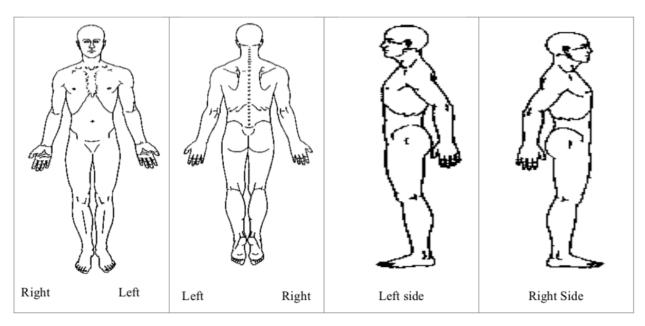
Tingling = T

Dull Pain = D

Sharp Pain = P

Burning = B

Stiffness = S



How intense is the pain right now?

0 1 2 3 5 6 7 8 10 No Pain Severe

What is the least intense the symptom has been?

0 1 2 3 5 6 7 8 10 No Pain Severe

What is the most intense the symptoms has been?

0 1 2 3 5 6 7 8 9 10 No Pain Severe



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Please check the appropriate box for any of the following symptoms, which you have now or have had previously

C = Constant F = FrequentO = Occasional NEUROLOGICAL C F O EYES, EARS, (CONT'D) C F O CFO Allergy Sinus Infections _ _ _ Boils Chills Enlarged Glands _ _ _ Bruise Easily Convulsions Enlarged Thyroid Dryness Hives or Allergy Dizziness Sore Throat Fainting Tonsillitis 0 0 0 Itching 0 0 0 Fevers Eye Pain _ _ _ Skin Rash Headaches Failing Vision _ _ _ Varicose Veins _ _ _ Loss of Sleep Far Sighted 0 0 0 Nervousness _ _ _ Gum Trouble 0 0 0 GENITO-URINARY CFO Depression Hay Fever 0 0 0 Bed Wetting 0 0 0 _ _ _ Neuralgia 0 0 0 Hoarseness 0 0 0 Blood in Urine _ _ _ Numbness 0 0 0 Nasal Obstruction 0 0 0 Frequent Urination 0 0 0 Sweats Near Sighted 0 0 0 Urine Control Loss 0 0 0 Tremors Nosebleeds 0 0 0 Kidney Infections Weight Loss 0 0 0 Painful Urination 0 0 0 Prostate Trouble 0 0 0 MUSCLE AND JOINT CARDIO-VASCULAR C F O CFO Pus in Urine 0 0 0 Arthritis Rapid Heart Beat Smell of Urine Bursitis 0 0 0 Slow Heart Beat 0 0 0 Foot Trouble 0 0 0 Swelling of Ankles 0 0 0 PAIN/NUMBNESS IN CFO Hernia 0 0 0 Hardening of Arteries 0 0 0 Shoulders 0 0 0 Low Back Pain High Blood Pressure Arms 0 0 0 Neck Pain Low Blood Pressure 0 0 0 Hands Neck Stiffness 0 0 0 Pain Over Heart 0 0 0 Hips 0 0 0 Shoulder Pain 0 0 0 Poor Circulation 0 0 0 Legs 0 0 0 Knees 0 0 0 RESPIRATORY CFO GASTRO INTESTINAL CFO Ankles Chest Pain П Excessive Hunger 0 0 0 Feet 0 0 0 Painful Tailbone Chronic Cough Burping or Gas Liver Trouble Difficulty Breathing 0 0 0 Sciatica 0 0 0 Spitting Blood Colitis 0 0 0 Swollen Joints 0 0 0 Throat Phlegm 0 0 0 Colon Trouble 0 0 0 Wheezing _ _ _ FOR WOMEN ONLY CFO Constipation ппп Diarrhea _ _ _ Cramps EYES, EARS, NOSE Difficult Digestion _ _ _ Heavy Flow **AND THROAT** C F O Light Flow Colds Stomach Pain 0 0 0 Irregular Cycle Gall Bladder Trouble Painful Cycle Crossed Eyes Discharge Deafness Hemorrhoids Dental Decay Intestinal Worms Sore Breasts Asthma Jaundice 0 0 0 Menopausal No □ П Yes □ Ear Aches _ _ _ Poor Appetite Last Menstruation Date: Ear Discharge _ _ _ Nausea. Pregnant Yes □ No □ Vomiting Due Date: Ear Noises 0 0 0 Vomiting Blood



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List of All Current Medications:
Previous Chiropractic Care:
Allergies:
Surgeries:
Hospitalizations:
Infections:
Check all that apply- Do you have a <u>family history</u> of: CancerDiabetesHigh Blood PressureHeart DiseaseStroke ArthritisOther:
Check all that apply- Have you experienced any recent:
Unexplained weight loss Fever or night sweats Fatigue/Malaise
Loss of appetite Night pain
Hours of Physical Activity per week: If you're pregnant, how many weeks?:
If you smoke, how many cigarettes per day?:
If you drink alcohol, how many drinks per week?:



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Informed Consent For Acupuncture Care

It is important for you to consider the benefits and risks and alternatives to the acupuncture treatment offered by your chiropractor and to make an informed decision about proceeding with treatment.

Acupuncture involves the insertion of small sterilized needles into specific locations on the skin surface. Other procedures related to acupuncture include moxibustion, cupping and electroacupuncture.

Benefits

Acupuncture and procedures related to acupuncture have been demonstrated to be a safe and effective form of treatment for a range of conditions including musculoskeletal complaints and pain.

Risks

The risks associated with acupuncture include minor bleeding and bruising, temporary pain and soreness, nausea, fainting, burns, infection, shock, convulsions, pneumothorax, perforation of internal organs, and stuck or bent needles.

Please inform the chiropractor if you:

- Have or develop any major health issues
- Are pregnant or actively trying to be
- Are Immune compromised
- Have a bleeding disorder or take anticoagulants
- Suffer from metal allergies

- Have damaged heart valves or have a high risk of infection
- Have been fitted for a pacemaker or other electrical implants
- Have had prosthetic implants

Only sterile single use disposable needles will be used. All acupuncture needles are properly disposed of after each and every treatment.



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Pregnancy

The use of certain acupuncture points and treatment techniques may not be recommended during pregnancy. Advise your chiropractor if you are pregnant or actively trying to be.

Alternatives

Alternatives to acupuncture treatment may include rest, exercise, other modalities or consulting other health professionals.

Questions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring any concerns you have to the chiropractor's attention. If you are not comfortable, you may stop treatment at any time. Please be involved in and responsible for your care. Inform your chiropractor immediately of any change in your condition.

I hereby acknowledge that I have read this form and discussed with the chiropractor the assessment of my condition and the treatment plan. I Understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to acupuncture treatment as proposed to me.

Today's Date:	
Patient Name (Please Print)	Witness Name
Patient Signature (or Legal Guardian)	Witness Signature



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CONSENT TO CHIROPRACTIC TREATMENT

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Chiropractic treatment includes adjustment, manipulation and mobilization of the spine and other joints of the body, soft-tissue techniques such as massage, and other forms of therapy including, but not limited to, electrical or light therapy and exercise.

Benefits

Chiropractic treatment has been demonstrated to be effective for complaints of the neck, back and other areas of the body caused by nerves, muscles, joints and related tissues. Treatment by your chiropractor can relieve pain, including headache, altered sensation, muscle stiffness and spasm. It can also increase mobility, improve function, and reduce or eliminate the need for drugs or surgery.

Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment. The risks include:

- <u>Temporary worsening of symptoms</u> Usually, any increase in pre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- <u>Skin irritation or burn</u> Skin irritation or a burn may occur in association with the use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- **Sprainorstrain** Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- <u>Rib fracture</u> While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- Injury or aggravation of a disc Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experience back or neck problems once in a while. Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing disc condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition. The consequences of disc injury or aggravating a pre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.



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• <u>Stroke</u> – Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time through aging or disease, or as a result of injury. A blood clot may form in a damaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resulting from damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up to the brain. Chiropractic treatment has also been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractic treatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

Alternatives

Alternatives to chiropractic treatment may include consulting other health professionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

Ouestions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring any concerns you have to the chiropractor's attention. If you are not comfortable, you may stop treatment at any time.

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