



Stibbard Chiropractic
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Young Adult Information Form (13-17 Years)

Name: _____ DOB: _____

Gender: Male Female Other: _____

Address: _____

City: _____ Province: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Emergency Contact Name: _____

Phone Number: _____ Relationship: _____

Medical Dr. Name: _____ Date of last physical: _____

Previous Chiropractor Name: _____

Permission to Contact above health care providers: Yes No

How did you hear about our clinic?: _____

Private Insurance Provider: _____

Policy #: _____ Member #: _____

Name of card holder: _____

Relationship to card holder: _____

Is this a workplace injury or motor vehicle accident?: _____

Claim Number: _____

Patient Information

Name: _____ Date: _____

Date of Birth: _____ Age: _____ Sex: Male Female

Parent(s) Name: _____

What is the primary reason that you are seeking Chiropractic care for your child?

When did this problem begin? _____

Is it getting worse? Yes No

Is this problem:(circle) occasional frequent constant intermittent

Does problem radiate? Yes No If Yes, where? _____

What makes this worse? _____

What makes this better? _____

Is the problem worse during a certain time of the day? Yes No

If Yes, when? _____

Does this interfere with the child's sleep? ____ eating? ____ daily routine? ____

Child Health History

Place of birth: Home Birthing Center Hospital

Provider: Midwife OB-Gyn Other

Type of Birth: Vaginal Cesarean

Does your child have regular bowel movements? Yes No

Current weight: _____ Current height: _____

List any major injuries, accidents, falls, and/ or fractures your child has sustained in their lifetime: _____

List any hospitalizations or surgeries your child has experienced:

Are there any of the following symptoms present?

Stomach pain	Allergies	Repeated colds	Hyperactivity/ autism	Anxiety/ depression	Low self-esteem
Growing pains	Digestion	Leg/ knee pains	Headaches/ migraines	Irritability/ moodiness	Diarrhea

General fatigue	Scoliosis	Seizures	Acne/ skin problems	Constipation	Asthma
Learning difficulties	Infections/ tonsillitis	Sleeping problems	Low energy	Excessive hunger	Menstrual cramps

Other: _____

Chemical Stressors

List any food allergies? _____

Has your child been vaccinated? Yes No

Did your child have any reactions to these vaccines? Yes No

Has your child been on antibiotics? Yes No

If yes, how often and for what purpose? _____

Is your child currently taking any vitamins? Yes No

If yes, please list: _____

Please list all medication: _____

Please list any allergies if known: _____

How many glasses does your child drink per day? Water _____ Milk _____ Juice _____ Soda _____

Does your child consume artificial sweeteners? Yes No

Rate your child's diet: Well-balanced Average High sugar/processed food

What is your child's favourite food? _____

Is there anything else the Doctor should know? _____

Have you, the child's legal guardian, had any personal experience with Chiropractic? Yes No

Authorization to Evaluate and Care for a Minor

I, _____, the undersigning parent/guardian having legal custody/guardianship of, a minor, do hereby authorize, request, and direct the staff and doctors of Stibbard Chiropractic Clinic to perform in judgment any examination and chiropractic diagnosis or treatment which is deemed necessary.

Child's Name: _____

Parent/Guardian's Signature: _____ Date: _____

CONSENT TO CHIROPRACTIC TREATMENT

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Chiropractic treatment includes adjustment, manipulation and mobilization of the spine and other joints of the body, soft-tissue techniques such as massage, and other forms of therapy including, but not limited to, electrical or light therapy and exercise.

Benefits

Chiropractic treatment has been demonstrated to be effective for complaints of the neck, back and other areas of the body caused by nerves, muscles, joints and related tissues. Treatment by your chiropractor can relieve pain, including headache, altered sensation, muscle stiffness and spasm. It can also increase mobility, improve function, and reduce or eliminate the need for drugs or surgery.

Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment. The risks include:

- **Temporary worsening of symptoms** – Usually, any increase in pre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- **Skin irritation or burn** – Skin irritation or a burn may occur in association with the use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- **Sprain or strain** – Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- **Rib fracture** – While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- **Injury or aggravation of a disc** – Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experience back or neck problems once in a while. Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing disc condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition. The consequences of disc injury or aggravating a pre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.

● **Stroke** – Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time through aging or disease, or as a result of injury. A blood clot may form in a damaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resulting from damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up to the brain. Chiropractic treatment has also been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractic treatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

Alternatives

Alternatives to chiropractic treatment may include consulting other health professionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

Questions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring any concerns you have to the chiropractor’s attention. If you are not comfortable, you may stop treatment at any time.

Please be involved in and responsible for your care. Inform your chiropractor immediately of any change in your condition.

I hereby acknowledge that I have read this form and discussed with the chiropractor the assessment of my condition and the treatment plan. I Understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to chiropractic treatment as proposed to me.

Today’s Date: _____

Patient Name (Please Print)

Witness Name

Patient Signature (or Legal Guardian)

Witness Signature